



# ANANIAS FOUNDATION

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## NEWS RELEASE

### **New Organization Provides Hope and Help for Domestic Violence Perpetrators**

*West Des Moines, Iowa* – A new organization is providing hope in the form of help to men and women who have been violent or abusive with their partners and want to change.

The Ananias Foundation, an international nonprofit organization with headquarters in West Des Moines, Iowa, provides Christ-centered online resources and guidance for individuals who want to stop their violent or abusive behaviors toward their partners.

As the only faith-based organization specifically ministering to those who cause harm in their relationships, the Ananias Foundation also helps churches address domestic violence within their congregations. We point those seeking help to a relationship with God because we believe it has the power to speak to a person's identity and purpose, and therefore radically transform their behavior.

The Ananias Foundation takes an innovative approach in addressing domestic violence by offering online resources that have been reviewed and endorsed by mental health experts to help individuals heal the core issues driving their hurtful behavior. The organization focuses on encouraging those seeking change by creating a non-shaming, hope-filled environment in which to learn about the causes of their behaviors and ways to change.

The Ananias Foundation offers free self-guided workbooks, community-based intervention groups, videos, blogs, and links to other helpful resources. All materials can be accessed 24/7 from anywhere with Internet service and allow participants to remain anonymous — eliminating a common deterrent to seeking the help they need. While it is not group therapy or a substitute for professional counseling, the information provided is based on the cognitive behavior therapy model and is meant to provide additional support and encouragement for change.

The Ananias Foundation was founded by Michael Clark based on his own transformation experience. After being arrested twice for domestic violence within one year, Clark found the court-ordered Batterers Intervention Program (BIP) ineffective. He knew that hitting others was not acceptable; what he didn't know was why he did it anyway or what to do to stop.

Knowing that he did not want to cause any more harm to his family, he researched any book he could find on the subject of domestic violence, including those written for therapists and academics. He doubled and redoubled the time he spent with a counselor to better understand what he was learning from his reading, how his own mind worked, and how his past experiences were steering his reactions in the wrong direction. During this time, he accepted Christ as his Lord and Savior, and the resulting personal relationship with God was a catalyst for the changes he was trying to make.

Since that time, Clark has remained violence free, is re-married and dedicated to helping others end their violent behavior.

**For more information on the Ananias Foundation, visit [www.AnaniasFoundation.org](http://www.AnaniasFoundation.org).**

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